

1st Annual GLA Olympics

For PTSD Awareness

The Greater Los Angeles Veterans Administration

Sepulveda VA Medical Center

16111 Plummer Street, Sepulveda, CA 91343

December 11th, 2021

11:00 am—3:00 pm

Are You Game?

Sack Racing

Tug of War

Pinball Machine

Corn Hole

Dominoes

Target Toss Challenge

Double Dutch

Spades

Croquet

Red Light/Green Light

Bridge

Chess

Flag Football

Scabble

Arm Wrestling (with
gloves)

Putting Green

Air Hockey

**You Must RSVP and Sign Up for
the Games You Want to Play!!!!!!**

vhawlersvp@va.gov or call (310) 268-4350

VA



U.S. Department
of Veterans Affairs
VA Greater Los Angeles Healthcare System